### **Geriatric Care Management**

New/On-Going Client Care includes:

- Comprehensive Needs Assessment
- Development of Written Individual Care Plan
- Initial Coordination of Services and Medical Care
- Coordination of care with Family/Medical Providers/Attorneys

Geriatric Care Management Travel Time

• Travel time for Aging Life Professional to travel to client

#### Mileage Expense

• Charge per mile on client's behalf and return to office

# **Support Services**

Support Services are utilized with GCM Services and Includes:

- Bill Paying & Record Keeping for Geriatric
- Assistance with Paperwork (Completing & Mailing)

#### **Relocation/Organizing Services**

Relocation Services Includes:

- Thoroughly Going Through Paperwork
- Organization of Clutter
- Disposal of Unwanted Items
- Arranging for Auction, Donation or Storage

#### **Transportation Services**

Driving Services Includes:

- Driving in Our Cars or Yours
- Minimum Two Hours
- Driving and Accompanying to: medical appointment, errands, events

#### Caregiving

Personal Care Includes:

- Services Provided by Certified Nursing Assistant or Home Health Aide
- Supervision by Registered Nurse
- Assistance with ADL: Bathing, Dressing, Feeding, Toileting/Incontinence
- Meal Preparation, Light House Keeping, Accompany to Appointments
- Six Hour Minimum
- Licensed by Virginia Department of Health

\$160.00 per hour

- Handling Personal Affairs of Client
- Medication Management
- Liaison for Family
- Assistance with Moving into Care Facility
- Monitoring of Care in Senior Living Facility

\$80.00 per hour

0.64 per mile

#### \$65.00 per hour

- Scheduling & Presence of Home Repairs
- Errands & Personal Shopping

#### \$85.00 per hour/per mover

- Packing/ Unpacking
- Coordinating of Move
- Arranging of Utility Connection or Disconnection

\$30.00 per hour plus .64 per mile

Service & Fees Included with Contract for Services 01/2023

\$33.50-\$38.00 per hour

Companion Care/Respite Includes:

Service & Fees Included with Contract for Services 01/2023

Transportation and Accompanying to Appointments

Companionship Providing One on One Direct Attention

- Meal Preparation, Light Housekeeping,
- Medication Reminders
- Six Hour Minimum

Helping Hands Include:

- College Educated Companion
- Bill Paying Assistance
- Household Organization

## 24 Hour Live-In Care

- Live-In Caregiver to assist with all Personal Care
- Meal Preparation, Monitor Eating Habits, Light Housekeeping & Laundry
- Communicates with Client and Family Regarding Care
- Requires Caregiver be provided with eight hours of rest time in private area
- Requires Assessment by Director of Nursing to determine level of care
- Daily Rate can be adjusted for two people/one household

Holiday Rates: 11/2 times the Standard Hourly Rate

#### **Nursing Services**

Nursing Services Includes:

- Assessment Includes Written Plan of Care
- Vital Signs Monitoring and Reported to Medical Providers
- Disease Management and Education
- Client Education
- Coordination of Care with Family and Medical Providers
- Accompany to Medical Appointments
- One hour Minimum
- Mileage to appointments 0.64 per mile

Medication Management Includes:

- Registered Nurse setting up Medications in Weekly Pill Containers
- Coordinating Medication with Medical Providers
- Reporting Medication Side Effects to Medical Providers
- Family and Client Education
- One Hour Minimum
- Mileage to and from Client's home 0.64 per mile

Covid Related Expenses: These fees will be in place until the CDC has lifted Covid requirements

• Covid Testing PCR Nasal pharyngeal swab

Payments made by credit card will be charged a convenience fee of 3.99% by the credit card processing company. Payments by ACH are accepted with no associated fees.

\$400-\$500 per day

\$33.50-\$34.00 per hour

\$100.00 per hour

\$150 per test

\$100.00 per hour

\$60.00 per hour

Mileage 0.64 per mile

One Hour Minimum

• Errands & Personal Shopping