



Beginning April 10, 2019

Side by Side Support Groups *For those with Parkinson's and those who care*

Every 2nd Wednesday from 10:30 am to 12:30 pm

Two support groups, each in their own space next to each other.

For caregivers
to share and learn from each other

For people with Parkinson's
to engage in group activities and
share with each other



At: Virginia Hospital Center—Carlin Springs
601 S Carlin Springs Rd, Arlington, VA 22204

Enter via the Urgent Care Center entrance, turn right into the Wellness Room

Free!! All are welcome!

For more information, and to RSVP go to
Website: www.ParkinsonSocialNetwork.org

This new support group is a joint effort of:

Parkinson Social Network www.ParkinsonSocialNetwork.org

Old Dominion Home Care www.olddominionhomecare.com

NoVa Older Adult Counseling www.novaolderadultcounseling.com

