



# VOCAL YOGA

Melanie-Joy H Dorn

MA CCC-SLP 1991

LSVT/LOUD Certification 2010

RYT 200 2013

HLVYM Certification 2016



# BREATHE

The most important thing  
that you do.

# VOCAL YOGA FOR ALL ABILITIES

- Once a week since 2015
- Combination of **vinyasa yoga**, **voice exercises** (LSVT/LOUD and typical voice therapy), and, **breath work** (pranayama).
- Voice patients
- Swallowing/Cancer patients
- People with Parkinson's



# BOOKS

**Vocal Yoga The Joy of Breathing Singing and Sounding,**  
Heather Lyle

**Yoga for Parkinsons's Disease A Journey to Health and Healing,** Peggy van Hulsteyn

**The Breathing Book Good Health and Vitality Through Essential Breath Work,** Donna Farhi

**The Science of Breath,** Yogi Ramacharaka

# RESOURCES

[Blueharmonyyoga.com](https://blueharmonyyoga.com)

[Vocalyoga.com](https://vocalyoga.com)

[Lsvt/loudglobal.com](https://lsvt/loudglobal.com)

[melanie.dorn@verizon.net](mailto:melanie.dorn@verizon.net)



[This Photo](#) by Unknown Author is licensed under [CC BY-ND](#)